

Daily Learning Planner

*Ideas parents can use to help children
prepare for school*

Nordonia Hills City School District
Title I Program



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- 1. Blow bubbles with your child.
- 2. Show three items from your purse or pocket to your child. Put them away. Can she name them?
- 3. When your child is unsuccessful, ask, "How could you do it differently next time?"
- 4. Spray some shaving cream in the bathtub. Show your child how to use his finger to draw letters, numbers and shapes in it.
- 5. Show your child how to use a tool, such as a flashlight, with supervision.
- 6. Talk about where animals live. Which animals would your child expect to see in the jungle? How about the woods?
- 7. Laugh out loud with your child today. Tell her a funny joke.
- 8. Build responsibility. Give your child a small plant to take care of. Put him in charge of the watering schedule.
- 9. Ask questions about the use of common things. What is a house for? What do we do with spoons?
- 10. Provide phone practice. Help your child call a friend or relative.
- 11. Trace your child's hand. Help her think of ways to be a helping hand.
- 12. Go for a walk as a family. Skip, jump, hop and run.
- 13. Fill glasses with different amounts of water. Have your child tap them and listen to the different tones.
- 14. Read your child a story. Later, ask him to retell it to you. Can he come up with a different ending?
- 15. Use strips of colored paper to make a chain, with one link for each day until a special event. Let your child remove one link each day.
- 16. Ask your child to name three animals with stripes and three with spots.
- 17. Make plans for a special parent-child day.
- 18. Take your child outside for a "listening minute." Close your eyes and try to name the sounds you hear.
- 19. Visit the library today. If it is closed, visit its website and look for ebooks to download for your child.
- 20. Have a counting day. Count stairs as you climb them, cars as they pass, stars as you spot them.
- 21. Give your child several objects and ask her to line them up from *smallest to largest*.
- 22. Look at photos from a year ago. Your child will be amazed at how much he has grown!
- 23. Have your child decorate a paper plate. Cut holes for her eyes and mouth to create a mask.
- 24. Play three different types of music and make up movements for each.
- 25. Cut four shapes from various colors of paper. Make at least two of each shape. Have your child match them.
- 26. Bake cookies together. Name the ingredients you use and ask your child to repeat them back to you.
- 27. Practice naming the days of the week with your child.
- 28. Let your child draw on paper towels with washable markers. Spray with water and watch the colors blend!
- 29. Have your child draw a self-portrait.
- 30. Say a word and see if your child can tell you its opposite.
- 31. Sing "If You're Happy and You Know It" with your child. Show him how to clap hands, stomp feet and shout "Hooray!"